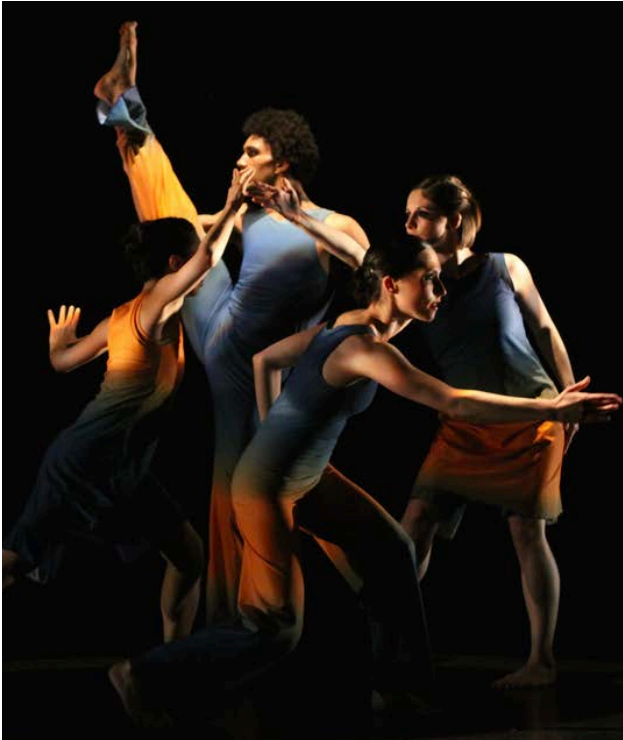


Amanda Selwyn
Dance Theatre



Licensing Repertory



Five Minutes

Five Minutes takes the audience through a series of contrasting emotional and physical paradigms in five-minute intervals. In *Five Minutes*, our experience of time is malleable and the world on-stage renews itself into a different place and time every five minutes. Video projections and set pieces.

Choreography: Amanda Selwyn and dancers

Cast: 6-18

Running time: 15-55 minutes

 <https://vimeo.com/30280696>

It's a Game

Inspired by the work of Alexander McQueen and the magic of Harry Potter, *It's a Game* dramatizes a moving fantasy of power dynamics, competition, and strategy. With Selwyn's fresh and vibrant movement language of extended limbs, physical risk, athleticism, gesture, energy, release, touch, and balance, she activates emotional expression and offers in-roads for audiences to make meaning for themselves. Props.

Choreography: Amanda Selwyn and dancers

Cast: 6 to 18

Running Time: 18-65 minutes

 <https://vimeo.com/72346153>



Crossroads

Crossroads explores forging into uncharted waters and that tumultuous process of self-discovery. Inspired by works of Magritte and Escher, *Crossroads* shapes a surrealistic landscape that lingers in moments at the crossroads, choosing one path or another, and how those moments steer the course of four lives. Set pieces.

Choreography: Amanda Selwyn and dancers

Cast: 8 to 16

Running time: 18 to 55

 <https://vimeo.com/365767127>

Refuge

Refuge is inspired by Francesco Clemente's sculpture installation: *Encampment* and explores isolation, inner reflection, and the creation of sacred space. The piece includes a progressive series of solos and duets punctuated by group sections that magnify the personal experience into a shared one. Set pieces.

Choreography: Amanda Selwyn and dancers

Sound Design: Joel Wilhelmi

Cast: 15

Running time: 20 to 65

 <https://vimeo.com/249674495>



Detour

Detour shifts perception and perspective. Turning movement inside out, *Detour* plays with timing and musicality, stillness and repetition, special design and direction. It is in these moments of detour when possibilities for change reveal themselves. Video projections and set pieces.

Choreography: Amanda Selwyn and dancers

Cast: 8 to 16 dancers

Running time: 15 to 50 minutes

 <https://vimeo.com/47539138>



Passage

Passage explores overcoming obstacles, discovering resilience, and being open to life's possibilities. Video projection.

Choreography: Amanda Selwyn and dancers

Original Music: Adam Gilbert and
Mathew Sherman

Cast: 12

Running Time: 20-50 minutes

 <https://vimeo.com/14849149>

“In my work, I aim to connect with what makes us human, our universal search for grounding, safety, and security. From there, we seek fulfillment—meaning and purpose, expression, and truth. In this time of political and environmental strife, so much is uncertain. I see dance as a way to empower the storytellers of our time not simply by the allegory of the dance itself, but in its dialogue with the audience. Dance, using the language of the body and movement, speaks a truth that is universal, immediate and tangible. As our society advances with technology, there are, increasingly, more and more opportunities to disconnect. Dance revels in connection. It pulses with touch, physicality and emotion. Dance activates a canvas of ideas, truths, and passions. In my work, I aim to celebrate community, humanity, and citizenship. I do not attempt to tell a linear story or unveil new truths, but rather to illuminate signposts that raise questions so that audiences can make meaning for themselves.” – *Amanda Selwyn*



Amanda Selwyn Dance Theatre

CONTACT

To request information or materials,
contact Amanda Selwyn:
amanda@amandaselwyndance.org



Amanda Selwyn Dance Theatre/Notes in Motion engages communities in dynamic dance theatre and inclusive arts education programs. Amanda Selwyn Dance Theatre presents dance theatre productions that activate emotional expression. Through an interplay of athletic and articulate motion, we present theatrical and immediate works that engage audiences from start to finish and beckon a response of thought, feeling, and soul. Notes in Motion brings dance education programs to the NYC Public Schools in styles including modern, ballet, tap, jazz, hip hop, Latin, African, and more. Programs are united by our singular approach to dance education, *The Movement Exchange Method*, which combines technical instruction with creative skill-building and collaborative learning. Programs foster self-discovery, risk-taking, and making connections. We aim to provide access to the art form of dance to inspire the next generation of dance appreciators.

Founded in 2000, Amanda Selwyn Dance Theatre has presented 19 original evening length works and dozens of shorter works at NY Performance Seasons and festival engagements, and offers residencies to colleges and universities. We include audiences in the creative process by offering open rehearsals, informal performances of developing work, and access to videos, photos, and interactive tools on our website. We have presented over 135 productions at venues including Baruch Performing Arts Center, New York Live Arts, Mark Morris Dance Center, Tribeca Performing Arts Center, The Kumble Theater, Jacob's Pillow Dance Festival, Danspace Project, The Ailey Citigroup Theater, John Jay College, and Dance New Amsterdam.

amandaselwyndance.org/press